Two-Adult Rule and Supervision Ratios

Suggested staffing rules so children are never alone with one adult and every class has enough supervision.

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Academy name: _____

Academy address: _____

Effective date: _____

Last reviewed: _____

The Two-Adult Rule

- Whenever minors are present, at least two screened adults should be on the premises.
- When two adults are not possible, any one-on-one interaction must be observable and interruptible: open doors, clear windows, and cameras recording.
- No adult should be alone with an unrelated minor in a closed or private space.
- The last two adults leave together after the last child is picked up.

Mixed-Gender Staffing

- When possible, schedule a male and a female adult for youth classes, travel, and events.
- When a student needs help with something personal, such as a uniform issue or an injury in a sensitive area, a second adult should be present, preferably of the same gender as the student.
- Mixed-gender staffing is a best practice, not a substitute for the two-adult rule.

Suggested Supervision Ratios

These are starting points. Adjust them with your attorney, your insurer, and any local rules.

Age group	Suggested ratio (adults to students)	Your academy's ratio

- Ages 3 to 5: 1 adult for every 6 to 8 students, with at least 2 adults.
- Ages 6 to 12: 1 adult for every 10 to 12 students, with at least 2 adults.
- Ages 13 to 17: 1 adult for every 12 to 15 students, with at least 2 adults on the premises.
- Live sparring or rolling: add supervision so every active pair can be watched.

Who Counts Toward the Ratio

- Only screened adults age 18 or older who have completed abuse prevention training.
- Teen assistants help but do not count as supervising adults.
- Parents who are watching do not count unless they are screened volunteers.

Signatures

Owner or director name: _____

Signature: _____

Date: _____

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