Teen Assistant Instructor Agreement

Expectations, supervision, and limits for students under 18 who help teach classes.

Important notice: This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy name: _____

Academy address: _____

Effective date: _____

Last reviewed: _____

Role

Teen assistants help adult instructors in class. They are role models, but they are still minors and are not responsible for supervising students.

Rules

- Always work under a screened adult instructor. Never teach or supervise a class alone.
- Never be alone with a younger student, including in restrooms or changing areas.
- Do not count toward supervision ratios.
- Follow the Physical Contact and Technique Demonstration Guidelines.
- No private messages with younger students. Use group channels that include parents.
- Tell the lead instructor right away about any injury, concern, or behavior that seems wrong.

Training

☐ Abuse prevention training suitable for their age

☐ Review of academy policies

☐ Basic first aid awareness

Teen assistant name: _____

Age: _____

Supervising instructor: _____

Signatures

Teen assistant name: _____

Signature: _____

Date: _____

Parent or guardian name: _____

Signature: _____

Date: _____

Owner or director name: _____

Signature: _____

Date: _____

Notice

This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy Safe is a verification registry for martial arts academies. It is not a legal authority, and use of this template does not by itself mean an academy is accredited.