Restroom Supervision Protocol

Suggested steps for supervising restroom breaks, especially for young children, without one adult alone with one child.

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Restroom Breaks During Class

- Young students go in pairs or small groups, and staff wait outside the door.
- Staff note when a student leaves and check if the student does not return within a few minutes.
- Staff do not enter a restroom while a student is inside unless there is an emergency or the student asks for help.

When a Child Needs Help

- Ask a parent or guardian to help when they are present.
- If a child needs help and no parent is present, a second adult should be nearby, with the door open as much as privacy allows.
- Limit help to what the child asks for. Tell the parent or guardian at pick-up.

Adults and Restrooms

- Where possible, provide a separate restroom for adults.
- Adults do not use the restroom at the same time as unrelated minors in shared multi-stall restrooms.

Facility Checks

☐ Restrooms are within sight of staff or a monitored hallway

☐ No phones or recording devices are allowed in restrooms

☐ Restrooms are checked before and after each youth class

☐ Locks work and doors can be opened from outside in an emergency

Signatures

Owner or director name: _____

Signature: _____

Date: _____

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