Partner Choice and Consent Guidelines

Every student's right to choose or decline a training partner without pressure.

Important notice: This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy name: _____

Academy address: _____

Effective date: _____

Last reviewed: _____

Guidelines

- Any student may decline a partner, a roll, or a drill for any reason without having to explain.
- Students may ask to work with a partner of the same gender.
- Instructors honor partner requests without comment or penalty.
- Ask before adjusting a partner's position outside of the technique being taught.
- Stop immediately when a partner taps, says stop, or seems uncomfortable.

For Instructors

- Explain these guidelines to new students on their first day.
- Watch for students who seem uncomfortable and offer a partner change quietly.
- Women's and youth classes, when offered, follow the same guidelines.

If Someone Ignores These Guidelines

Tell an instructor or [designated safety contact]. Repeated or serious violations are handled under the Harassment and Discrimination Policy.

Notice

This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy Safe is a verification registry for martial arts academies. It is not a legal authority, and use of this template does not by itself mean an academy is accredited.