Parent Checklist: Questions to Ask Before Enrolling

Safety questions families can ask any martial arts academy before signing up.

Important notice: This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy name: _____

Academy address: _____

Effective date: _____

Last reviewed: _____

Screening and Training

☐ Has every instructor and staff member passed a background check?
☐ Have staff completed abuse prevention training?
☐ Are instructors certified in CPR, First Aid, and AED use?
☐ Have coaches completed concussion training?
☐ Can you verify the head instructor's rank and lineage?

Policies

☐ Do you have a written policy on one-on-one contact and private lessons?
☐ Are parents allowed to watch every class and private lesson?
☐ Do you have rules for texting and social media with students?
☐ How do you handle locker rooms and changing areas?
☐ How do you tell parents about injuries or concerns?

Facility

☐ Is there an AED on site?
☐ Are there security cameras in the training areas?
☐ Does the academy carry insurance and a business license?
☐ Is the space clean and well maintained?

Watch for

- Clear, confident answers and written policies.
- Instructors who welcome questions.
- Accreditation through the Academy Safe 8 Pillars of Protection, which you can check at academysafe.org.

Notes

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Academy Safe is a verification registry for martial arts academies. It is not a legal authority, and use of this template does not by itself mean an academy is accredited.