AED and First Aid Kit Inspection Log

A monthly log to confirm the AED and first aid supplies are ready to use.

Important notice: This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy name: _____

Academy address: _____

Effective date: _____

Last reviewed: _____

AED location: _____

AED model: _____

Pad expiration date: _____

Battery expiration date: _____

Monthly AED Check

☐ Status light shows ready
☐ Pads sealed and not expired
☐ Battery not expired
☐ Rescue kit present (gloves, razor, scissors, breathing barrier)
☐ AED sign visible

First Aid Kit Check

☐ Gloves
☐ Bandages and gauze
☐ Cold packs
☐ Tape
☐ Antiseptic wipes
☐ Eye wash
☐ Scissors
☐ CPR mask

Date	AED ready	Kit stocked	Checked by	Notes

Notice

This is a free sample safety document. It is a starting point, not a finished policy, and it is not a legal document or legal advice. Laws differ by location. Have a qualified attorney review and adapt it for your academy before use. Academy Safe is not responsible for errors or missing information in this document, or for how it is used. In an emergency, call 911.

Academy Safe is a verification registry for martial arts academies. It is not a legal authority, and use of this template does not by itself mean an academy is accredited.